

Your Likes and Dislikes in Housing

Directions: To figure out what you want in your later life housing, you need to understand what your likes and dislikes were in past housing in which you lived. If you are married or have a significant other with whom you live, be certain to have him/her complete this activity individually, too. This will help determine what you both want in future later life housing. If you live alone, you can help yourself narrow your focus as to your wants and needs in your future later life housing.

1. In your childhood, list the things you liked and disliked in the home or homes in which you have lived in.

	Liked	Disliked
Inside the home:

Outside the home, including the community and geographics:

2. In your adult life, list the things you liked and disliked in the home or homes in which you have lived in.

	Liked	Disliked
Inside the home:

Outside the home, including the community and geographics:

continued

3. Now list the things you listed in question 1 and question 2 that are similar in the “like” category and the “dislike” category.

Liked

Disliked

Inside the home:

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Outside the home, including the community and geographics:

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4. List the things you want to see in your later life housing, inside and outside the home, including the community and geographics. Then compare your results with your spouse’s or significant other’s results.

Inside the home:

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Outside the home, including the community and geographics:

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Source: *10 Secrets to Successful Home Buying and Selling: Using Your Housing Psychology to Make Smarter Decisions* by Lois A. Vitt, Ph. D., 2005.

Written by: Katherine Reuter, Extension Educator, Consumer and Family Economics, University of Illinois Extension, Countryside Extension Center, © August 2010.

Program Lesson Reviewed by: Susan Taylor, Extension Educator, Consumer and Family Economics, University of Illinois Extension, Matteson Extension Center. Chicago Consumer Sounding Board Members sponsored by University of Illinois Extension, particularly Marlene Peterson, Mt. Prospect, IL, and Dolores Monteleone, Park Ridge, IL.